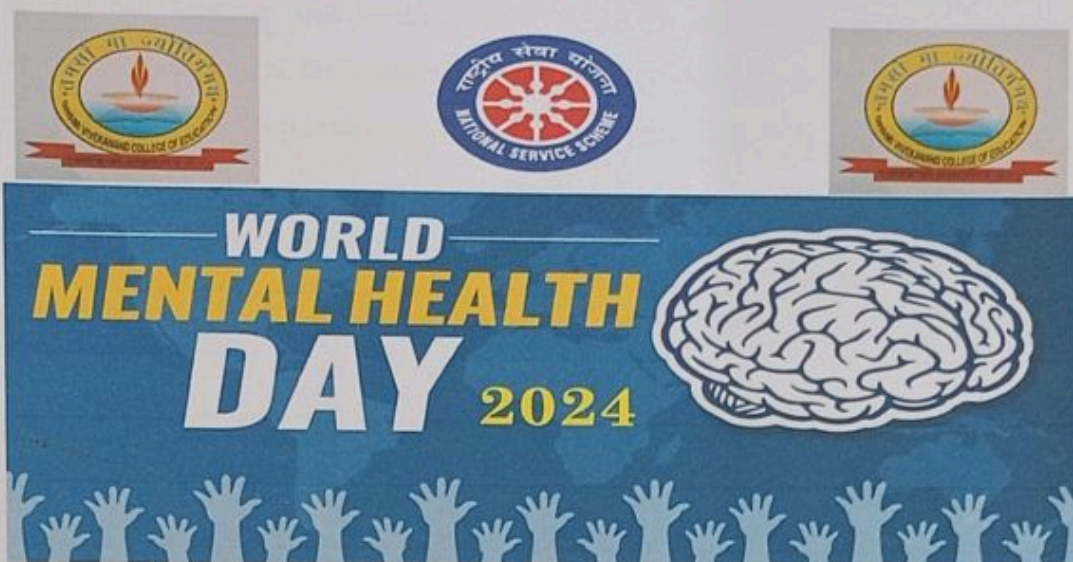


World Mental Health Day Celebration

**SWAMI VIVEKANAND COLLEGE OF EDUCATION, TARKWARI
TEHSIL BHORANJ DISTT. HAMIRPUR (HP)-176045**



Time: 11:00am to 12:32pm

Venue: Seminar Hall

No of Participant: 51

Report

‘The greatest gift you can give your family and the world is a healthy you...’

Every year, the 10th of October is celebrated as World Mental Health Day. For some reason SVN College of Education, NSS UNIT, Tarkwari celebrated this event on 9th October, 2024. The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health. The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide. Considering the relevance of mental health in this fast pacing world, SVN College of Education, NSS UNIT, Tarkwari celebrates the day.

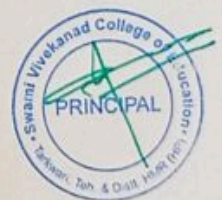


In this event Brahma kumari Dr. Urmila (BEMS) was present as the chief guest cum resource person on world mental health day. Dr. Urmila Kumari, while explaining the importance of mental health, said that mental health is a mental condition which helps people to realize their abilities to deal with the stresses of life learning and working well. A programme for creating awareness in about adolescent mental health and their contribution in it was conducted. The celebration fulfilled its objective of developing a deep understanding of the essential link between individual and collective health for a sustainable life. The programme ended with vote of thanks by Mrs Amita Rani, NSS programme officer. At the end of the programme, the participants stood up for National Anthem.

PHOTO GALLERY:









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THE SEVEN CRITERIA TO SERVE AS BASIS FOR ASSESSMENT OF IQAC ARE:
• Curricular Aspects
• Teaching-Learning and Evaluation
• Research, Innovations and Extension
• Infrastructure and Learning Resources
• Student Support and Welfare Services
• Governance, Leadership and Management
• Institutional Effectiveness

SWAMI VIVEKANAND COLLEGE OF EDUCATION

SWAMI VIVEKANAND COLLEGE OF EDUCATION
TARKWARI,
Teh. Bhoranj, Distt. Hamirpur (H.P.)
NOT ME BUT YOU
National Service Scheme Unit

GPS Map Camera

Google

Dhirwin, Himachal Pradesh, India
JJVH+PCX, Dhirwin, Himachal Pradesh 176045, India
Lat 31.644365°
Long 76.628693°
09/10/24 12:36 PM GMT +05:30



NEWS CLIP:

पंजाब केसरी

10 October 2024



हमौरपुर : कार्यक्रम के उपरान्त प्रशिक्ष, सामूहिक चित्र में।

(राजीव)

तरक्वाड़ी में मनाया विश्व मानसिक स्वास्थ्य दिवस

हमौरपुर, 9 अक्टूबर (राजीव) मानसिक स्थिति है जो लोगों को जीवन के तनावों से निपटने, अपने क्षमताओं का एहसास करने, अच्छी तरह से सोचने, अच्छी तरह से काम करने और अपने समाज में योगदान देने में सक्षम बनाती है। इस अवसर पर 51 एन.एस.एस. स्वयंसेवियों ने भाग लिया। अंत में कालेज प्राचार्य प्रदीप कुमार ने मुख्यातिथि को स्मरित चिन्ह देकर सम्मानित किया।

डा. उर्मिला ब्रह्माकुमारी ने मानसिक स्वास्थ्य के महत्व पर बताते हुए कहा कि 'मैंटल हैल्थ एक

NSU UNIT
Programme Officer
PROGRAMME OFFICER
Swami Vivekananda College of Education
Tankwan, Hamirpur (H.P.)

PRINCIPAL SIGN
Swami Vivekananda College of Education
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